



San José Public Library

www.sjlibrary.org

Tips for Working Parents

A little reading goes a long way

1. Find creative ways to read at least 15 minutes a day

- As you prepare a meal read the ingredients of a recipe.
- Fill a bag with books, a comic strip, magazines, news clippings, fortune cookies, greeting cards and other interesting reading items. Share them with your child while waiting in line or at the doctor's office.
- Read aloud signs and labels in the supermarket.

2. Find new places to read

Often times we drive our children to their activities and then wait, often with other children in tow. Use this waiting time to read to your child. At the next opportunity, pick up where you left off the day before. This helps build excitement about what happens next.

3. Give books as presents

Help your child to appreciate the wonderful illustrations and pleasure that reading brings.

4. Make sure everyone in the family carries a book each time you leave the house

Take advantage of times when your family must wait in line, half time at a sporting event, etc.

5. Check the Library's web pages for story times and other special events (www.sjlibrary.org)

All programs are free.