



Talking to your babies:

- helps them learn language
- shows them that you love them

Parents can:

- point to objects and name them
- talk to baby while doing household chores
- play "peek-a-boo"
- sing songs and recite nursery rhymes

How to Choose Books for Babies and Toddlers

Look for books that:

- are made of cloth and soft vinyl with bright pictures to grasp, chew, and shake.
- have very few words and colorful pictures.
- have pictures that invite sound effects and encourage children to join in (The dog says "bow-wow").
- have stories about familiar objects such as toys, food, animals, and cars.
- are sturdy with easy-to-turn pages and rounded edges.
- picture other babies and toddlers with a variety of ethnic backgrounds.